

Live well... and be yourself

Lutheran Care Center at Concord Village.

There is one long-term residential care facility where you can receive the highest quality of care without sacrificing your individuality – Lutheran Care Center in Poughkeepsie, NY.

Since 1998, we've been providing our residents with the skilled medical, social, and spiritual care they need to live well and maintain their personal dignity through purposeful living. Our unique *Life Enhancing Community* in the heart of the Hudson Valley ministers to adults of all ages and faiths, offering highly skilled and compassionate care for both short-term and extended stays. Services include:

- Pain Management
- IV Therapy
- Tracheostomy Care
- Rehabilitative Services
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Case Management Assistance
- Medical
- Social Services
- Benefits & Entitlements
- Nutritional Counseling
- Therapeutic Recreation
- ...and more.

We value the individual.

At Lutheran Care Center, we value the spirit of individuality that resides within each one of us. Our ministry is founded on the understanding that when a person chooses to make their home in this community, they are changing where they live, not



who they are. We celebrate cultural, ethnic, and religious diversity in all of its forms, supporting our residents' freedom to live their lives the way they see fit, while helping them maintain a healthy relationship with their community.

Our people make the difference.

Lutheran Care Center maintains a full professional staff of highly skilled care providers, including:

- Physicians
- Nurse Practitioners
- Registered Nurses
- Licensed Practical Nurses
- Certified Nurse Assistants
- Social Workers
- Registered Dietician
- Physical, Occupational & Speech Therapists

Lutheran Care Center also provides on-site care through community-based medical consultants in a variety of specialties, including:

- Optometry
- Dentistry
- Podiatry

We maintain excellent nursing staff levels and continually invest in skills development programs for our professional employees.

But medical expertise is just part of what our people offer. Lutheran Care Center providers are chosen for their compassion as well as their competence. Our residents are very special people – they deserve a very special team of caregivers. We hire caring professionals who are committed to making a real difference for the residents and families we serve.

A place you can call home.

Lutheran Care Center provides a living environment for our residents that's safe, warm, and welcoming. Our thoroughly modern 160-bed location in Poughkeepsie, NY, combines all the comforts of home with all the conveniences of a modern, fully appointed residential complex.

Resident accommodations are spacious and comfortable. Each unit has a large and inviting day/dining area for meals and program activities. Residents and their families can also enjoy the beautifully landscaped grounds that adorn our community, plus a variety of resources and activities that include:

- Gardens
- Resident library
- Multi-denominational chapel
- A broad range of therapeutic recreation, including art, music, plant, and pet therapies
- Special events for residents and their families, including classic auto shows, special holiday meals, and more
- Barber and beauty services
- Religious services for many faiths
- ...and much more.

Life-enhancing programs.

In addition to offering outstanding medical and rehabilitative care services, Lutheran Care Center provides for excellent quality of life through programs and services that include:

- Outstanding food services and resident meal plan prepared by graduates of the Culinary Institute of America
- A broad range of therapeutic recreation, including art, music, plant, and pet therapies
- An innovative intergenerational activities program in cooperation with Arlington Central School District
- Computer and Internet access

Call us to arrange a visit.

If you would like to visit our community and see first-hand the many advantages it offers, contact us today at (845) 486-9494. We'll be glad to arrange a personal guided tour. You can also learn about us by visiting our website at www.wartburg.org.



"We owe a special debt of gratitude to your staff. They were not just doing a job; they were attending to our mother in a true spirit of concern and love. Please accept our thanks."

— Barbara Zuccarello, Daughter of Resident
Carmela LiPuma

About Wartburg Lutheran Services.

For more than 150 years, Wartburg Lutheran Services, Inc., has been a ministry of healing, hospitality, and community through partnerships in caring. We are a Social Ministry Organization of the Lutheran Church that serves all individuals, regardless of religious or ethnic background, offering compassionate care through our growing community of nursing homes, adult day health care programs, home delivered meals, long term home health care services, and independent housing for seniors.

Wartburg builds *Life Enhancing Communities* to help elderly and disabled individuals live life to the fullest, without sacrificing their dignity, their individuality, or their independence. For more information, visit our website at:

www.wartburg.org.



LUTHERAN CARE CENTER
A Ministry of Wartburg Lutheran Services

Long Term Care Community
at Concord Village
965 Dutchess Turnpike
Poughkeepsie, NY 12603
Tel: (845) 486-9494
www.wartburg.org

A ministry of healing, hospitality, and community through partnerships in caring.

A Community Of Caring



LONG TERM CARE AT LUTHERAN CARE CENTER

Poughkeepsie, NY



A Ministry of Wartburg
Lutheran Services

*The care you need
to get well...
and stay healthy*

Lutheran Care Center at Concord Village.

When you're recovering from an illness, injury, or disabling condition, you need a special level of care to get you back on your feet...the kind of care you'll find at the Lutheran Care Center at Concord Village.

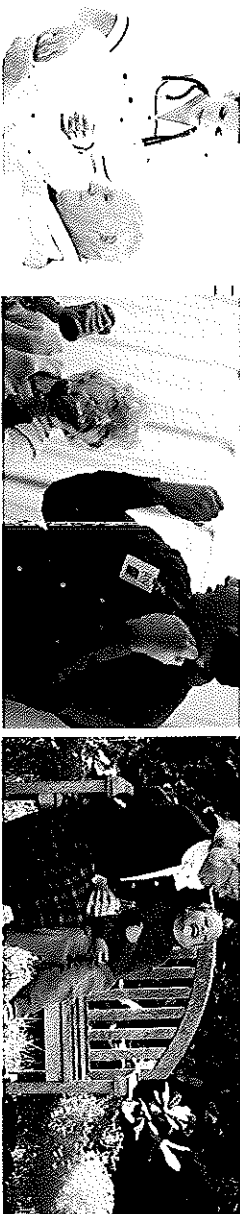
Since the founding of our modern facility in 1998, we've been providing comprehensive skilled rehabilitative care services – everything you need to realize your maximum potential wellness and maintain your good health for as long as possible. Part of our *Life Enhancing Communities* philosophy of care, Lutheran Care Center offers specialized treatment and recovery modalities for these types of injuries/illnesses:

- Cerebrovascular Accidents/-strokes
- Orthopedic Injuries
- Knee and Hip Replacements
- Amputations
- Parkinson's
- Diabetes
- ...and more.

Skilled short-term rehabilitation and sub-acute care services.

Our highly skilled professional caregivers offer a full range of medical rehabilitative and subacute services, including:

- Gait/Transfer Training
- Therapeutic Exercise – Strengthening with:
 - Free Weights
 - Exercise Equipment



- Balance Activities
- ADL/Self Care Training
- Fine Motor Skills
- Cognitive Retraining
- Swallowing Evaluation
- Therapeutic/Modified Diet Diagnostics
- Dysphagia Treatment
- Wound Care
- Decubitus Ulcers
- Amputation
- Surgical Wounds
- IV Medications
- Pain Management
- Tracheostomy Care
- Modalities to Decrease Pain and Spasticity while Increasing Range of Motion
 - Hot/Cold Packs
 - Paraffin
 - Whirlpool
 - Ultrasound
 - Electric Stimulation
 - Soft Tissue Therapies
 - Home Evaluations
 - Discharge Planning

We value the individual.

At Lutheran Care Center, we value the spirit of individuality that resides within each one of us. Our ministry is founded on the understanding that when a person seeks care at our community, they deserve our full measure of respect and compassion. We celebrate cultural, ethnic, and religious diversity in all of its forms, supporting our patients' freedom to live their lives the way they see fit, while helping them maintain a healthy relationship with their community.

Our people make the difference.

Lutheran Care Center maintains a full professional staff of highly skilled care providers, including:

- Physicians
- Nurse Practitioners
- Registered Nurses
- Licensed Practical Nurses
- Certified Nurse Assistants
- Social Workers
- Registered Dietitians
- Physical, Occupational & Speech Therapists

Lutheran Care Center also provides on-site care through community-based medical consultants in a variety of specialties, including:

- Optometry
- Dentistry
- Podiatry

We maintain excellent nursing staff levels and continually invest in skills development programs for our professional employees.

But medical expertise is just part of what our people offer. Lutheran Care Center care providers are chosen for their compassion as well as their competence. Our patients are very special people – they deserve a very special team of caregivers. We hire caring professionals who are committed to making a real difference for the families we serve.

Life-enhancing programs.

In addition to offering outstanding medical rehabilitative care services, Lutheran Care Center provides for excellent quality of life throughout the length of your stay with programs and services that include:

- Outstanding food services and resident meal plan, prepared by graduates of the Culinary Institute of America
- A broad range of therapeutic recreation, including art, music, plant, and pet therapies
- Special events for residents and their families, including classic auto shows, special holiday meals, and more
- Intergenerational activities in collaboration with the Arlington School District
- Barber and beauty services
- Religious services for many faiths
- Computer and Internet access

Call us to arrange a visit.

If you would like to visit our care center and see first-hand the many advantages it offers, contact us today at (845) 486-9494. We'll be glad to arrange a personal guided tour. You can also learn about us by visiting our website at www.wartburg.org.



About Wartburg Lutheran Services.

For more than 150 years, Wartburg Lutheran Services, Inc., has been a ministry of healing, hospitality, and community through partnerships in caring. We are a Social Ministry Organization of the Lutheran Church that serves all individuals, regardless of religious or ethnic background, offering compassionate care through our growing community of nursing homes, adult day health care programs, home delivered meals, long term home health care services, and independent housing for seniors.

Wartburg builds *Life Enhancing Communities* to help elderly and disabled individuals live life to the fullest, without sacrificing their dignity, their individuality, or their independence. For more information, visit our website at:

www.wartburg.org.



LUTHERAN CARE CENTER
A Ministry of Wartburg Lutheran Services

Short Term Rehabilitation and
Sub-Acute Care Center
at Lutheran Care Center
965 Dutchess Turnpike
Poughkeepsie, NY 12603
Tel: (845) 486-9494
www.wartburg.org

*A ministry of healing, hospitality, and
community through partnerships in caring.*

A Great Place To Get Better.



SHORT TERM REHABILITATION AND SUB-ACUTE CARE CENTER AT LUTHERAN CARE CENTER

Poughkeepsie, NY



A Ministry of Wartburg
Lutheran Services