

# THE LUTHERAN CARE NETWORK

## "HAPPENINGS"

SPRING 2015

### Church and Community Happenings from

*Janet George*

Although Lutheran is in our name, residents of all faiths call us home. We continue to lift up those who provide spiritual care at our facilities. HVSR recently hosted a beautiful *Appreciation Luncheon* to thank the many clergy, Eucharistic Ministers, hymn sing and Bible study leaders who volunteer. MLTA offered their 25<sup>th</sup> Annual Easter/Passover Interfaith Service led by representatives from local Lutheran, Catholic, and Jewish parishes as well as participation by residents and the MLTA choir. Residents provided a delicious home cooked lunch for all with cupcakes baked by the *Friendly Visitors* of St. Joseph's R.C. Church. The Spiritual Life Committee at LCC had its quarterly meeting in April and welcomed a new associate chaplain, Rev. Deborah Hafner DeWinter who joins Rev. John Heller along with many area clergy and volunteers providing worship services three times a week as well as hymn sings, communion and rosary opportunities and counseling



*L to R: Walt Reynolds, Rev. Deborah Hafner DeWinter, Mrs. Lois Hoyer and Rev. John Heller*

### Kenwood Manor Happenings from *Karen Woodcock*

Our Recreation Department recently received a generous donation for the "Music and Memory Program."

We will be implementing this program in May.

Our newly formed Men's Group Committee is up and running with good participation. This group was formed by the Activity Department to enable to encourage discussions with the residents.

We would like to welcome Nancy Kearns, RN, as our new Nurse Manager on B/C unit.

All of us are looking forward to the spring weather and outside activities.

### Coburg Village Happenings from *Antoinette Leto*

Coburg Village residents (and employees) are eager to see the signs of spring! It was a long, cold, and snowy winter. Our maintenance department did an excellent job keeping up with the clearing of snow and our transportation department was as busy as it has ever been safely transporting our residents to their appointments.

Coburg Village has been focusing on its emergency evacuation procedures. We have made several changes to our procedures here and our residents are practicing evacuating in preparation for our next full fire drill with the Clifton Park Building Department and our local Vischer Ferry Fire Department.

We are excited to announce that there will be a private full time Physical Therapist on site beginning May 1, 2015. The PT is going to offer free screenings to all CV residents with assistive devices as well as provide free educational seminars on safety, wellness and mobility.

Coburg Village now has Lora Hyde, a Registered Dietician, on staff. Lora has reviewed our menu, assisted with identifying heart friendly entrées as well as low sugar/low, low carbohydrate, and gluten free options for our diabetic residents. Lora also meets individually with residents upon request. The services she provides have been popular with our residents.

I am happy to share that our census continues to rise. We have been hovering at the 90% mark (above the national average of 85-88% for similar communities) and are optimistic that we can raise it higher!

# THE LUTHERAN CARE NETWORK

## “*HAPPENINGS*”

SPRING 2015

### **Lutheran Care Center Happenings from *Gil Preira***

*LCC Adult Day Care Program:* - The R.N. Supervisor, Ms Jody Muhlvil, who worked collaboratively with Ms. Susan Achieng-Jenkins, Director of the Program; has retired after several years of dedicated service. Jody is available as a valuable Per Diem RN for both our Day Care Program, and our Foster Family Program. Her familiarity with both programs gives LCC a reserve of experience we did not previously have. Jody's successor as the ADHCP Supervisor is Ms. Cindy Patt, R.N.

*Social Work Services* – Ms. Ellen Conway resigned as Director of Social Work , and Ms. Erin Hardwick joined our team. Erin is a LMSW with previous long term care and Hospice care experience.

We plan to begin a new program designed to offer a “de-centralized” Breakfast service to the residents of 1 North. This means that meals will be “plated” right on the Unit from chafing dishes, rather than served to residents on pre-plated dishes from the Kitchen. We will be offering this Breakfast service to the residents on each of our other four Nursing Units. As we gain this experience we will determine how to best offer a de-centralized service to our residents for all meals in the future.

Our colleagues with the NYS DOH visited LCC . As addressed by Mr. Tripodi there were no operational, care or resident-related deficiencies. I am extraordinarily proud to be working with the team of professionals our TLCN Board has developed at LCC. Their dedication brought us to this point, and it was evident during the Survey. Thank you.

### **Hudson Valley Senior Residence Happenings from *Martha Brammer***

Welcome to our new Office Manager, Linda DiFrenza. Linda joined HVSR on Wednesday, 4/15/15. She is accomplished in Human Resources, administrative support and project management.

On Saturday, April 11, 2015 a crew of 6 staff pitched in and donated their time to spruce up the grounds at HVSR. We laid down 6 loads of mulch donated by a staff member's family and worked hard to prune and rake the grounds in preparation for those spring buds working their way up through the dirt.

We have beautiful gardens at HVSR. We thank our staff for their time and effort. A special thank you to Cindy Berryann, Activities Director, for organizing the event. It was a great team building experience!

### **TLCN Happenings from *Elena Terrigno***

In December of last year TLCN bid farewell to Judy Benke, VP of Church and Community Relations. A wonderful retirement party was held at the Pelham Country Club in Judy's honor. In January of this year, Janet George started working with TLCN as Director of Church and Community Relations. Janet George has worked most of her life with Lutheran affiliated organizations including Lutheran World Relief, Concordia College-New York and the Atlantic District LCMS, as well as in the private sector as co-owner of a retail business. She is a long-time member of Village Lutheran Church in Bronxville and currently taking courses in the AD-LCMS Deacon program.