



2021

ANNUAL REPORT

THE LUTHERAN CARE NETWORK
700 WHITE PLAINS ROAD
SCARSDALE, NY 10583
WWW.TLCN.ORG

The Lutheran Care Network Annual Report 2021



Laraine Fellegara, CEO
The Lutheran Care Network

Resilience and Recovery

With the worst of the COVID-19 pandemic behind us (hopefully), the resilience of The Lutheran Care Network's residents is on full display at all of its communities. While the pandemic brought many challenges to our organization, our residents, and their families, it also became a catalyst for many positive resident experiences, like those highlighted in this annual report.

Our residents demonstrated resilience physically, mentally, and spiritually. At The Lutheran Care Network resiliency means more than just coping with, and managing, stress during a difficult time. Resiliency means creating and fostering joy and a sense of family by putting positive energy to work throughout the organization's communities and operations.

Our passionate staff form deep connections and bonds with our residents and their families to ensure a sense of community—the foundation of our mission. Our pastoral care teams communicate uplifting sermons that celebrate life and instill hope and joy in our communities. Our residents develop friendships and relationships with each other and our staff that are meaningful and everlasting. Our activities and celebrations provide our residents with a sense of fulfillment and give them something to look forward to and enjoy beyond their daily routine. Our wellness initiatives and rehabilitation services exemplify our commitment to health and happiness.

Commitment to our mission is why our residents continue to lead lives filled with purpose and meaning. The Lutheran Care Network relies on its remarkable staff and the amazing work they perform to meet its mission of providing the best life possible for its residents. The challenges we have faced and overcome in the last two years have taught us to be present, to be calm, and to adapt. As a result, we are delivering an unparalleled sense of joy and fulfillment than ever before.

We encourage you to read the wonderful stories about our residents, so you can truly appreciate how our residents are thriving in our communities.

It would not be possible to deliver on our mission without the support of our donors. Our donors have been so generous and unwavering in their support of the work we are doing, and, for that, we are forever grateful.

We ask our friends, families, and donors to continue to support The Lutheran Care Network's mission by attending events, visiting residents, donating time, or making contributions. We could not accomplish all we have over this past year without your support. Rest assured, in keeping with our mission, we will continue to provide our residents with the joyful and fulfilling lives they deserve.

Peace and harmony,

Laraine Fellegara

Laraine Fellegara



The Lutheran Care Network 2021 Donors

Barclay Damon
 Judy and Rev. David Benke
 Laraine Fellegara
 Rev. John and Marsha
 Havrilla
 Madelaine and Chris Jones
 Messiah Lutheran Church,
 Setauket

Miriam and Varkey Mathew
 Joni and Peter Mazer
 Pauline J. and John C.
 Mesloh
 Jim Mooney
 Donna and John Olsen
 John F. Ruth
 Lynette Taylor

Schatze and Peter Thorp
 Village Lutheran Church,
 Bronxville
 Antoinette Wallace
 Webster Banks

Chevron Matching Employee Funds
 The Calvin and Shirley Johnson Fund of Thrivent Charitable Impact and Investing
 Thrivent

Our Resources at Work

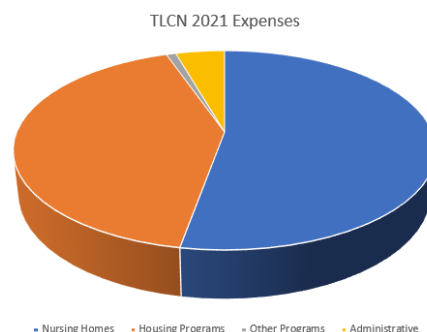
Total TLCN Staff: 447
 People Served by TLCN: 1,197

The Lutheran Care Network, Inc.

Operating Expenses

2021

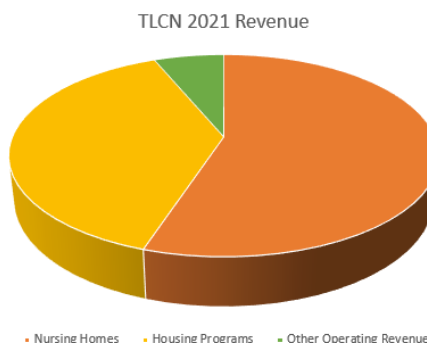
Nursing Homes	\$19,588,332	53%
Housing Programs	\$15,521,867	42%
Other Programs	\$323,244	1%
Administrative	\$1,651,905	4%
	\$37,085,348	100%



Operating Revenue

2021

Nursing Homes	\$22,032,510	55%
Housing Programs	\$15,459,755	39%
Other Operating Revenue	\$2,511,120	6%
	\$40,003,385	100%



2021 TLCN Financials

Assets	\$78,145,608
Liabilities	\$65,065,280
Net Assets	\$13,080,328

Lutheran Care Center at Concord Village - Poughkeepsie, NY

Lutheran, as it is often called, provides Long Term Skilled Nursing, Rehabilitation, Adult Day Health Care and Extended Care (a foster family program for seniors).



Social Networking, Curiosity and Faith



When it came time for Robert Hanke to give up his home of many years to live in a safer environment, there was no hesitation. He wanted to live at Lutheran Care Center! He has a long history in the area and wanted to stay local. His beloved wife, Anne, who passed away several years earlier, had been a resident. Robert visited her every day, knew the staff well, and on days when they sat outside together, greeted families as they came in to visit. Or, as he would say, "I would BS with everyone!"

When he arrived, many of the same staff greeted him. He was delighted that his son, Rob, who lives in Florida, took care of the details of his transition.

They communicate every day. Robert uses an Alexa-enabled device for a variety of things, including calling his son. He keeps an Alexa reminder nearby, not far from a favorite photo with his wife.



When asked, "What are some of the things that keep you resilient here at LCC?" Robert replied, "No question at all!" and pointed toward Pastor Kelly-Ray Meritt. "He is open anytime I want to see him. And he serves ALL."

Chaplain Kelly-Ray has observed Robert's interactions in the dining room. "Robert has a way of gathering people together. He is able to make people feel safe to share stories and opinions." Robert says he has wonderful friends, among them Mickie, Bill and Pauline. "We are family here. We cover for each other...we know who has problems and needs care." They grieved together at the recent loss of Barry, a "lovable guy", who was part of their lunch group.

Robert keeps a twinkle in his eye, a wicked sense of humor, and a willingness to share his wealth of knowledge ranging from where to get the best pizza, historical info including the Underground Railroad site on Wappingers Creek, and his valued relationships with previous faith leaders at LCC: Father Brian McWeeney, Pastors John Heller, Deborah Hafner DeWinter and Elizabeth Friend Ennis.

Rock solid in rejecting bitterness when he faces challenges in life and circumstances, Bob's love of life, his curiosity in every encounter, and his deep faith embody LCC's values of healing, hospitality, and community.

They Helped Me Get Back On My Feet Again!

The ambulance driver who drove Charles from the hospital and wheeled him through the front entrance of Lutheran late one evening was concerned it was too late to be admitted. Thankfully, the staff was awaiting his arrival. He garnered some perplexed looks from staff - at 38 years old he was the youngest resident in the building.

Charles had survived a serious car accident. He had patiently waited while Charlene, Director of Admissions, secured a private room for his recovery. He could not walk. In fact, the only limb he could move was his right shoulder. When asked what his goal was, he immediately replied, "I want to be able to walk down the aisle and to dance at my wedding!"

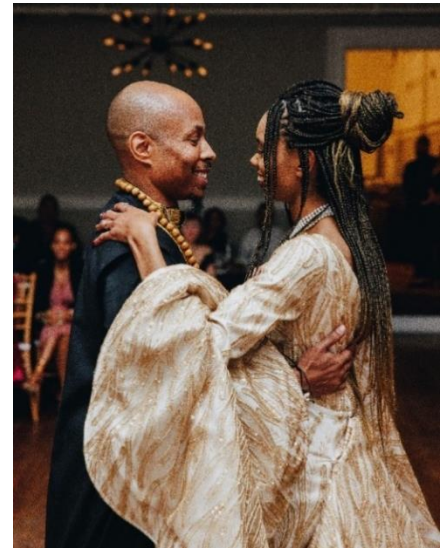
When asked about his seven weeks of rehabilitation at Lutheran, his heartfelt gratitude was evident. "I had heard horror stories about nursing homes and have witnessed a few." His immediate observation was how clean everything was...his room, the hallways, even the garbage cans.

He was moved by the genuineness of the staff at Lutheran...on all levels. There was never an uncomfortable moment. "Just let us know if you need something". One thing he did need was *more food*. Having dropped from 180 lbs. to 130 lbs. he needed much larger portions that most older adults at LCC. The dietary staff "got on it". Once, his fiancée, Andrea, approached the staff to mention a need. They again were "right on it" and quick to assure him they wanted him to communicate about anything. "You could have told us, Charles!"

"Physical Therapist Megan was instrumental in my leg therapy. I have a high threshold for pain. She was patient, kind, gentle, and attentive. She still pushed me to work hard... but not past my breaking point. Megan is the reason I can walk."

The care given by the CNAs and nursing staff also stuck out. They listened to him. It was easy to build good relationships. "Rosa and Cherie went out of their way to make sure I had everything I needed. They encouraged me and, if I sensed anyone of them might be having a bad day, I'd try to be there for *them*." When it came time for Charles to be discharged, a cake was shared to celebrate. "I recently ran into one of the nurses in a local store and she hugged me." A few of the LCC staff attended his wedding in November. "We *all* danced at my wedding!"

Charles is passionate about his work with Westchester Family Services where he recently participated in a workshop on "Listening Circles". His accident and recovery have moved him to re-direct some of his priorities...spiritually, emotionally and physically. Communicating, listening and working together were ingredients that hastened his recovery at LCC and are gifts that impact his professional work.



Lutheran Care Center 2021 Donors

Veronica and Andrew Amberger, Jr.
Beth A. Blankenshen – in memory of Gloria Lemme
Susan Blodgett – in memory of Jackie Ruf
Joan S. Cohen – in memory of Arnold Cohen
Elizabeth Colbert – in memory of Cherie Lydon
Jeanne Crawford – in memory of Cherie Lydon
Susan Crean – Support Staff Campaign
MaryAnne and Robert Deik – Music Program
Cheryl DeSantola – in memory of Paul Becker
Elizabeth and John Devine – in memory of Jackie Ruf
Maureen Donnelly – Music Program in memory of Theresa Donnelly
Paula Esposito – in memory of Ida Scagnelli
Falls Diner/Paula Kastanis – Memory Garden
Roberta and Louis Faure – in memory of Audrey Williams

Laraine Fellegara – Support Staff Campaign
Susan Fenwick – in memory of Paul Becker
Frances and Stephen Finkelstein – in memory of Gloria Lemme
Marilyn and James Flood – in memory of Cherie Lydon
Marie Elena and John A. Garbellano – in memory of Ida Scagnelli
Andrea Garitta – in memory of Gloria Lemme
Bonnie Geld – in honor of Pauline Tenenholz
Andrea Guzi – Memory Garden
Christine Henderson – in honor of Cherie Lydon
Hudson Valley Folk Guild – in honor of Paul Becker
Colleen and Peter Hoffman – in honor of Gloria Lemme
Jeanette Hurley – in honor of Theresa Donnelly
Stephanie and Peter Idema – in memory of Cherie Lydon
Theresa Jennings – Memory Garden
Steve Jones – Giving Tuesday/Resident's Fund
Katz and Unterreiner Insurance Agency – Memory Garden
Cynthia Lane – in memory of Jackie Ruf
Rev. Donald and Susan Lee – Giving Tuesday/Resident's Fund
Rosemary Lloyd – in memory of Cherie Lydon
Kathleen Lombardo – in memory of Helen Cordiano
Patricia Ludington – Memory Garden
Suzanne Lorio
Margaret and Michael Lydon – Memory Garden in memory of Cherie Lydon
Sue and Matthew Lydon - Memory Garden in memory of Cherie Lydon
Patricia and William Maher
Jane and John March – in memory of Paul Becker
Aparana Marthi – Memory Garden
Kathleen and Ronald Maturo – in memory of Barbara Corrado
Rev. Kelly-Ray Merrit – in memory of Frances Adolphson and Dierdre Bray
John Mesloh – Giving Tuesday/Resident's Fund
Deborah and Wayne Muller –Memory Garden in memory of Cherie Lydon
Charlotte H. Murphy – in memory of Cherie Lydon
Mary Murphy – Memory Garden in memory of Cherie Lydon
Anita Murray
Gregory Nenni – in memory of Paul Becker
Dina C. Odak – in memory of Barbara Corrado
Bernard Peluse – in memory of Paul Becker
Teresa and Martin Rahilly – in memory of Paul Becker
Jocelyn Pastore-Sarro – in memory of Theresa Donnelly
Linda and Kenneth Sheehan – in memory of Paul Becker
Bruce Quiel – Isolation Campaign
Norman Quiel – Memory Garden and Fireplace Project
Julia Rosenblatt – in memory of Rev. John Heller
St. John's Evangelical Lutheran Church, Poughkeepsie
Jane Scagnelli – in memory of Ida Scagnelli
Ellen and Timothy Sheehan – in memory of Paul Becker
Judy and Raymond Siegart – Giving Tuesday/Resident's Fund
Nancy and Peter Slingerland – in memory of Gloria Lemme
Gail and Kevin Snyder – in memory of Paul Becker
Lorraine Straus – in honor of Jeanne McLeod
Sona and Ranier Suss – in memory of Cherie Lydon
The New Hamburg Yacht Club Women's Auxiliary Sunshine Committee – in memory of Jackie Ruf
Thrivent

The Town of Poughkeepsie Policeman's Benevolent Association – Memory Garden
Linda and Gary VanDemark – in memory of Jackie Ruf
Harold Veeder – in memory of Ernest Finely
Marcy L. Wagman – in memory of Jacqueline Ruf
Washington Hollow Rod & Gun Club – in memory of Ernest Finely
Candice West-Holland – in memory of Paul Becker
Tiffany (Lydon) and Mark Weinreich - Memory Garden in memory of Cherie Lydon
Lisa and Wayne Williams – in memory of Mabel Brunetti
Marie Williams – in memory of Cherie Lydon
Philip Williams – in memory of Jackie Ruf
Maria Yanagisawa – in memory of Cherie Lydo

2021 Gifts-In-Kind

In Support of the Memorial Garden - Individuals

Andrew and Veronica Amberger
Micheline & Suzanne Brudnak
Janet Canero
Kimberly Christensen
Patti D'Angelo
Tracey Demarino
Pat DiMeglio
Alan Ferguson

Cherie Shafer Ferguson
Lori & Roger Gray
Lisa and Sean Hubbard
Elizabeth Kimma
Rose and Tom Kline
Terri Koenig
Christine Kosakowski
Joann Lau

Brian Mallet
Soybia Martinez
Vanessa Piscop
Stacey Platt
Lisa Rhodes
Sharon Shmelz
Christine Stock
Sandy Sloan

In Support of the Memorial Garden - Vendors/Organizations

Buffalo Wild Wings
Chili's
Crate Escape Inc
Dominos
Foam and Wash Car Wash
Forget Me Not Cupcakes

Hannaford
Heritage Food and Drink
Imperial Nails
Longobardi's Restaurant
Olive Garden
Pastry Garden

Price Chopper
Spins Bowl
Stop and Shop
The New Corn Crib Greenhouse
Valley Custom Sign Shop

Other Gift-in-Kind Contributions

Arlington Fire Department
Our Savior Lutheran Church, Fishkill - Heart & Soul Prayer Ministry
Town of Poughkeepsie Police Department
First Evangelical Lutheran Church, Poughkeepsie

Volunteers

Father Jay Backes and fellow priests and Deacon Nash
from St. Stanislaus Kostka Catholic Church, Pleasant Valley

Community Housing



TLCN fulfills a need for low-income housing in five communities: Good Samaritan Senior Housing in Delmar, The King's Apartments in Pawling, Castle Court in Poughkeepsie, Martin Luther Court in East New York and Martin Luther Terrace Apartments in Kings Park.

Keeping a Positive Outlook on Life

Not everyone blessed to celebrate a 100th birthday has a positive outlook on life. Janet DeVries and Sarah Perillo absolutely do! Their ability to live independently, remain closely connected to family and nurture new friendships all contribute to their active lifestyles.

They value the freedom living at Martin Luther Terrace Apartments in Kings Park affords...to determine their own schedule, immerse themselves in activities of their liking and engage with neighbors. Both moved to MLTA after several years on the Waiting List.

Janet's love of cooking keeps her engaged. She cooks for herself and others: friends, her daughter-in-law, and a son who also resides at MLTA. Her latest dish was a delicious stuffed cabbage. Janet's trusty wok, acquired in 1972, is her go-to pan for creating dishes using lots of fresh veggies, olive oil, occasionally shrimp and always garlic. But, she doesn't mind eating out occasionally, "Gino's in town is good!" In the evenings she enjoys crossword puzzles, Sudoku and reading books. She is an early riser, usually 5 am, and everyone knows not to call after 7pm!



Sarah attributes her outlook on life to her upbringing, and her life with her husband and two children. She was one of eight children who always felt loved and cared for. When the time came, they took care of her parents. She feels fortunate to have had a good husband, who worked very hard, and was easy to live with. "He gave me a very Independent look on life." Sarah enjoys reading books, having just finished one on Robert Moses. She loves history and non-fiction as well as James Patterson mysteries. Sarah values time with a group of 8 or 9 neighbors who get together regularly. In good weather they meet from 1:30-4:30 under the shade of a tree. "There's coffee and everyone brings a snack as well as their own chair. I encourage no gossip; to be kind and lovely with one another. I was brought up not to say anything about others. We don't talk politics and respect that we may have different opinions."

Sarah and Janet both get a little help with light house cleaning and shopping and appreciate occasional *Meals on Wheels*. Both have learned to screen phone calls. If they don't recognize the caller, they let it go to the answering machine. They are thankful for daughters nearby who take them to appointments, extended family who hosted wonderful birthday parties for them and remain an integral part of their lives.

They are looking forward to the return of community activities: entertainment, fairs featuring local vendors, bingo. Janet has regularly sold her beautiful knitting at the fairs. Both women enjoyed the recent performance by a talented local chiropractor. "What a marvelous voice! We hope he comes back."



Both have missed the three ecumenical services, sponsored by local Lutheran, Catholic and Jewish clergy, canceled during Covid. "They are always meaningful."

Janet shared, "Everyone here is so friendly. And Joni Mazer, Social Service Coordinator for nearly 30 years, keeps us well informed about activities and updates and listens to our concerns."

Sarah reflected, "With all the things going on in the world today, there should be more places like MLTA!" At TLCN, we can only hope for more resilient women like Janet and Sarah.

Donations and Volunteers to Martin Luther Terrace Apartments, Kings Park

The Friendly Visitors - Church of St. Joseph's, Kings Park
The Grandfriends and Glamour Gals - Commack High School

Donations and Volunteers to Castle Court, Poughkeepsie

Abilities First
Debbie St. Onge

Donations and Volunteers to The King's Apartments, Pawling

Food Bank of the Hudson Valley
Pawling Resource Center
Putnam Ridge Volunteers
The Evangelical Lutheran Church of Christ the King
The Lyons Club
United Methodist Church in Pawling



Coburg Village - Rexford, NY

Retirement Living, Family Style – Coburg Village is a beautifully designed independent living community featuring significant amenities and programs designed to help residents stay active, socially connected, and engaged.

Meet Jean, Jean the Bowling Queen



In March 2022, Coburg Village celebrated the 100th birthday of resident, Jean Falcetta. Jean moved to Coburg Village in 2012 after her grandson, who was employed as a waiter at Coburg Village at the time, convinced her that the independent living community was like a college dorm for seniors. When she first moved in, she was a little shy, but that didn't last long. She met her "buddy," a volunteer from the Coburg Village Residents' Association's Buddy Committee, who introduced her to other residents, and has been active since. She rarely misses a community event. Her prowess at Wii bowling, even earned her the title, "Jean, Jean, the Bowling Queen." She is always telling her grandchildren how much fun she is having here!

Jean's daughter, Rose, attributes her mom's longevity and quality of life to the fact that at Coburg Village, she is always on the move and her mind is always active. Her mom has made many friends here. Even during COVID, Jean found comfort in knowing that there was always someone around.

L to R: Granddaughter, Lea; Jean Falcetta; and daughter, Rose, at Jean's 100th birthday celebration.

Carolyn Chenot is Enjoying Life Again

When Carolyn Chenot's husband, Al, passed away in 2017, she was determined to stay in their beautiful Albany home - which she did for four years. She kept busy taking care of Al's grandchildren and working part-time in an attorney's office. And then Covid came along, and her physician recommended that she avoid exposure by not working in an office or caring for children who were in a daycare setting. Apart from the companionship of her little dog, Sam, Carolyn felt very alone.

In 2021, she tripped on building materials at her home and fractured her shoulder. Her daughter, Jo Ann, convinced her it was time to move.

Carolyn signed the lease on her apartment at Coburg Village in May 2021. She jumped right into the activities at Coburg Village, making new friends, and is enjoying life again! She participates in the many social, wellness and entertainment programs. She volunteers in the Country Store; kicks up her heels in square dancing classes; plants flowers to beautify the front of the community; and joins in Coburg's outings. Carolyn is usually first up on the dance floor at Coburg Village's monthly happy hours!

Sam and Carolyn are also keeping in shape, sometimes walking up to three miles a day around the community.



Carolyn Chenot raises a toast to her new home at Coburg Village.

Coburg Village 2021 Donors

Mrs. Abraham	Mrs. Giroux	Mrs. Nulty
Ms. Allen-Schult	Marilyn Gobel	Mrs. Oshins
Ms. Arlt	Mrs. Goldsmith	Mr. and Mrs. Overstrom
Mrs. Andrews	Mrs. Gradner	Mrs. Pappas
Mrs. Barkhuff and Mr. Tuttle	Mr. and Mrs. L. Harris	Mr. and Mrs. Peck
The Battiste Family	Mrs. Hawkes	Mrs. Pentak
Ms. Behr	Mr. Hellenschmidt	Mrs. Perriman
Ms. Benford	Mr. Hickman	Mrs. Pollack
Mr. and Mrs. Berke	Mr. and Mrs. Hlaing	Mrs. Powell
Mr. Blummerman	Mrs. Hokanson	Mr. and Mrs. Putman
Ernie Bonnie	Mr. and Mrs. Howard	Mr. and Mrs. Reider
Mrs. Bramkamp	Mrs. Insley	Mrs. Reilly
Ms. Briggs	Mr. Jaffe	Ms. Rifkin
Mr. and Mrs. Casano	James Sefcik	Mrs. Rigatti
Mr. and Mrs. Casey	Johnson (Edwards)	Mr. and Mrs. Rudaitis
Mrs. Cayan	Mr. and Mrs. Keller	Mr. and Mrs. Sandwick
Mrs. Cesare	Mrs. Kelly	Mr. Herb Savage
Mrs. Chenot	Mr. and Mrs. Kleinschrod	Mrs. Sherman
The Clements Family	Rose Lamanna	Mr. St. Onge
Coburg Village Country Store	Mrs. Lambert	Ms. Suits
Mr. Cramer	Mr. LaViolette	Mr. and Mrs. Swanson
Mr. and Mrs. D'Andrea	Mrs. Lohne	Ms. Swatling
Mr. Dececco	Mrs. Lynch	Mrs. Tracey
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Mrs. Dotter	Mr. and Mrs. Manly	Wallace-Vinciguerra Family
Mrs. Downing	Mrs. Markiewicz	Mr. and Mrs. Warner
Mr. and Mrs. Drenchko	Ms. Martinelli	Mrs. Watkins
Engle Family	Mrs. Mayer	Mr. and Mrs. Webber
Mrs. Engelmyer	Mr. and Mrs. Harvey Mendelson	Mr. and Mrs. Wells
Audrey Fairman	Mr. and Mrs. Richard Mendelson	Mrs. White
Mr. and Mrs. Finlan	Ms. Miles	Mrs. Wildgrube
Mrs. Fluno	Mr. and Mrs. Miller	Mrs. Windman
Mr. and Mrs. Flynn	Mind The Errands	Mr. Winer
Mrs. Foley	Mr. and Mrs. Morlock	Mr. Wood
Mrs. Galm	Donna Northrup	Mrs. Zak
Mrs. Gardner	Mrs. Nowitz	



The Lutheran Care Network
700 White Plains Road
Scarsdale, NY 10583
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The Lutheran Care Network is a ministry of healing, hospitality and community through partnerships in caring.